



"LOOKING OUT FOR YOU"

AGGRESSIVE PERSERVATION

MARCH 2011

Not your grandad's market, not even the market it was 19 years ago. Periods of volatility and turbulence followed by boredom and stagnation, and yet the beat goes on. Its as if its a whole new ball game and yet nothing has changed with the thieves and vultures at your back, inflation and currency depreciation at front, and all around you, those taking a small fee, a service charge, or some other way to tap your wallet.

How you structure your life is important and that is best left to you and those closest, to stay as far away from unwanted attention as you can. AGGRESSIVE PRESERVATION offers the chance to use tried and true channels, to be very picky and selective about what you include in your portfolio to outrun all that would diminish the value of your capital. AGGRESSIVE PERSERVATION, is not only about bankable profits, but more over, less about "nominal" or "accounting profits", as we are, increasing your holdings in a significant way.

We do not use any "NEW AGE" or "NWO" techniques. We use observation, savvy and stealth. The rest is up to you. Our objective is protection through enhancement, not excitement.

OVERVIEW & OUTLOOK

Current events, currency and nuclear reactor meltdowns, Financial and Marine Tsunami's are the background of the news today.

The real news is we have people to house, move, feed, clothe and shelter. Energy, Food, Fertilizer, Real Money, Innovative products and people will make this happen. Well-run companies, well positioned, some unknown, some famous, will make this happen.

Right now it doesn't matter how many companies you are in beyond basic diversification, but rather the right companies to be in, for at least the time being.

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Some of these names are new, some are news, and some you have known all your life.
Here goes:

Trends in force:

- 1/ PEAK OIL / Energy?
- 2/ New Means of extracting energy
- 3/ PEAK PHOSPHATE ? PEAK FERTILIZER
- 4/ New Means and sources of fertilizer

So you can see each Force or trend generates a counter-trend or counter-force.
OPPURTUNITY.

OUR Departments are:

1. Core. Stocks We define core stocks as those we'd rather not sell until it is clear they have exhausted their profit potential, likely in multi-year run, and in a manner that has let us trade parts of our position in order to capture extreme moves and reload that batch again.
2. Cyclical Stocks They likely have similar characteristics to CORE Stocks, but may not possess the staying power, but none-the-less are financially stable enough to offer excellent opportunities to ride them up and down the scale.
3. Income Stocks Generally speaking we designate Income Stocks for their ability to provide REAL INCOME exceeding by multiples any return offered by common funds or banks, yet providing very real capital gain opportunities.
Yes they exist !!

The approach here is to buy stocks when they are CHEAP and reap the gains from holding them. I like to get paid for parking my funds as well. Capital gains are fine as are income.

Part of what you will see here, is tracking the stock in a way that allows to make the most logical entry for both capital gain, and longer term holding.

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[names changed to protect the innocent]

1. CORE STOCKS: - *EXAMPLE ONLY[not real stocks]*

<u>XYZ</u>	XYZ Minerals
<u>ABC</u>	ABC Alum
<u>TWU</u>	TWI Oil & Gas
<u>DEF</u>	DEF Gas
<u>RST</u>	RST Fertilizer
<u>OPQ</u>	AMERICAN Wheat
<u>TOR</u>	PROTEIN Synthetic's

1.A. Stocks with CORE CHARACTERISTICS: - **REAL STOCKS**

AAV	Advantage Energy
VGZ	Vista Gold
REN	Resolute Energy

2. CYCLIC STOCKS: - **REAL STOCKS**

HYC	Hypercom
MAS	Masco
SSP	Scripps
VRS	Verso Paper

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Stocks that are current CORE STOCKS [were] under \$15 are :

**XYZ XYZ Minerals –FISH Lake Gold Developer
Support \$4.00 Res \$6.00 Target \$11.25**

**ABC ABC Alum Peru Alum producer
Support \$7.00 Res \$10.00 Target \$14.75**

**TWU TWI Oil & Gas
Support \$16.00 Res \$18.00 Target \$21.00**

**DEF DEF Gas Barnett Gas Producer
Support \$4.00 Res \$7.00 Target \$14.75**

**RST RST Fertilizer producer
Support \$5.00 Res \$8.00 Target \$15.25**

**OPQ AMERICAN Wheat processor
Support \$5.00 Res \$8.00 Target \$ 8.50**

**TOR PROTEIN Synthetic's
Support \$4.50 Res \$7.50 Target \$16.75**

These are all North American Stocks traded in US or Canada.

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This issue we add a stock based on criteria I have observed yields some startling winners over time in AG[Aggressive Preservation].

Consider these three charts, and their common feature, a **QUAD Breakout**

Vista Gold Corp. (VGZ) AMEX
16-Mar-2011, 16:00 ET, daily, O: 3.24, H: 3.39, L: 3.15, C: 3.27, V: 613322, Chg: +0.08 (2.51%)
No New P&F Pattern
Traditional, 3 box reversal chart
Bullish Price Obj. (Rev.): 6.63

© StockCharts.com



Eldorado Gold Corp. (EGO) NYSE
16-Mar-2011, 16:00 ET, daily, O: 15.15, H: 15.43, L: 14.88, C: 15.28, V: 6180230, Chg: +0.10 (0.66%)
P&F Pattern Bearish Catapult Breakdown on 10-Mar-2011
Traditional, 3 box reversal chart
Bearish Price Obj. (Rev.): 11.5

© StockCharts.com



Allied Nevada Gold Corp. (ANN) AMEX
16-Mar-2011, 16:00 ET, daily, O: 30.39, H: 31.39, L: 29.48, C: 30.15, V: 826053, Chg: -0.43 (-1.41%)
P&F Pattern High Pole Warning on 11-Mar-2011
Traditional, 3 box reversal chart
Bullish Price Obj. (Rev.): 58.0

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YES, a QUAD Breakout

and yes, you can take that to the bank. YES I, would in fact, loan money against a QUAD Breakout stock for collateral. Here it is:

Quadruple Top Breakout

X ← quadruple top breakout

X X X X ← quadruple top

O X O X O X O X

O X O X O X O X

O X O X O X O

O X O X O

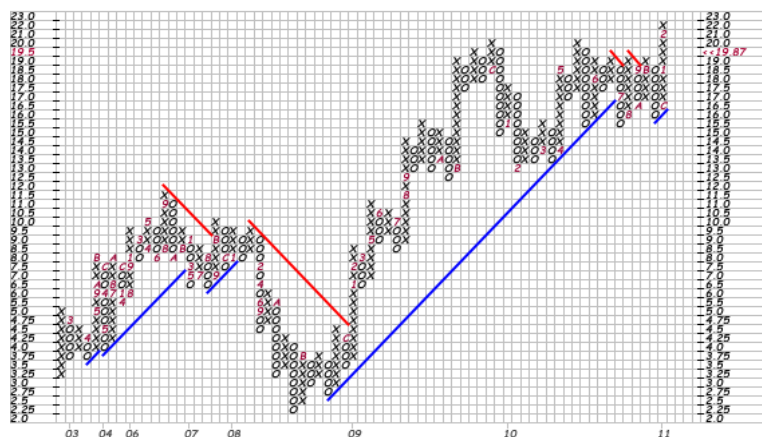
O X O

O

Four times a stock tries to rise above resistance. On the FOURTH TRY it is successful. On the fourth try, the bidders overcome the sellers, and propel the stock higher above its former resistance.

To say that QUAD TOP Breakouts are perfectly reliable is not right. What is right is to say, IMO, they have the highest % reliability of the P & F formations I follow. What is more fascinating about them is that they often times morph or change into other bullish formations and their bullish tendencies tend to run on for years.

IAMGOLD Corp. (IAG) NYSE
18-Mar-2011, 16:00 ET, daily, O: 20.34, H: 20.54, L: 19.64, C: 19.87, V: 4663469, Chg: -0.65 (-3.17%)
P&F Pattern Quadruple Top Breakout on 26-Jan-2011
Traditional, 3 box reversal chart
Prelim. Bullish Price Obj. (Rev.): 34.5
© StockCharts.com



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AGGRESSIVE PERSERVATION – quad breakouts cont'd

The ANV chart shows it breaking decisively above the \$5.50 area in April of '09, which was a GREAT Time it is true. But it never looked back, and finally reached \$34.

In Late '08, EGO vaulted the \$6.00 level and ran away eventually reaching a peak of \$20

In each case, what made each of these stocks a CORE STOCK is how they performed, not what anybody believed about them, their management or prospects. AND when they stop performing, they STOP being CORE STOCKS. They MAY become CYCLICAL Stocks, but we will no longer expect them to PERFORM as CORE STOCKS. That said lets look at this:

Vista Gold Corp. (VGZ) AMEX

17-Mar-2011, 12:18 ET, daily, O: 3.30, H: 3.42, L: 3.29, C: 3.37, V: 441528, Chg: +0.10 (3.08%)

No New P&F Pattern

Traditional, 3 box reversal chart

Bullish Price Obj. (Rev.): 6.63

© StockCharts.com



We see that VGZ breached and closed over \$3.50 on Mar 1. What you don't see here is that it did it on convincing volume. What we can see here is that the stock has relatively small margin for reaction, and must **NOT** close lower than 2.75 in order to maintain its status as a **QUAD TOP BREAKOUT**. Comparing EGO and ANV, we see

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AGGRESSIVE PERSERVATION – quad breakouts cont'd

that they also had similarly thin seeming support base and yet sustained themselves to move much higher and keep moving. With that comparison, I like the idea of adding VISTA GOLD Corp. to Probationary Status as a CORE STOCK. I like it because it is available in the USA as well as Canada, and and at a level not far off where EGO and ANV started their careers as Core Stocks. Further, I remember that VGZ was the company that parented ANV, so they have some credibility with me. I expected good things from them for a long time and now I think we may see some of it come about.

WEBSITE

CYCLIC STOCKS [and how to “trade against the core”]



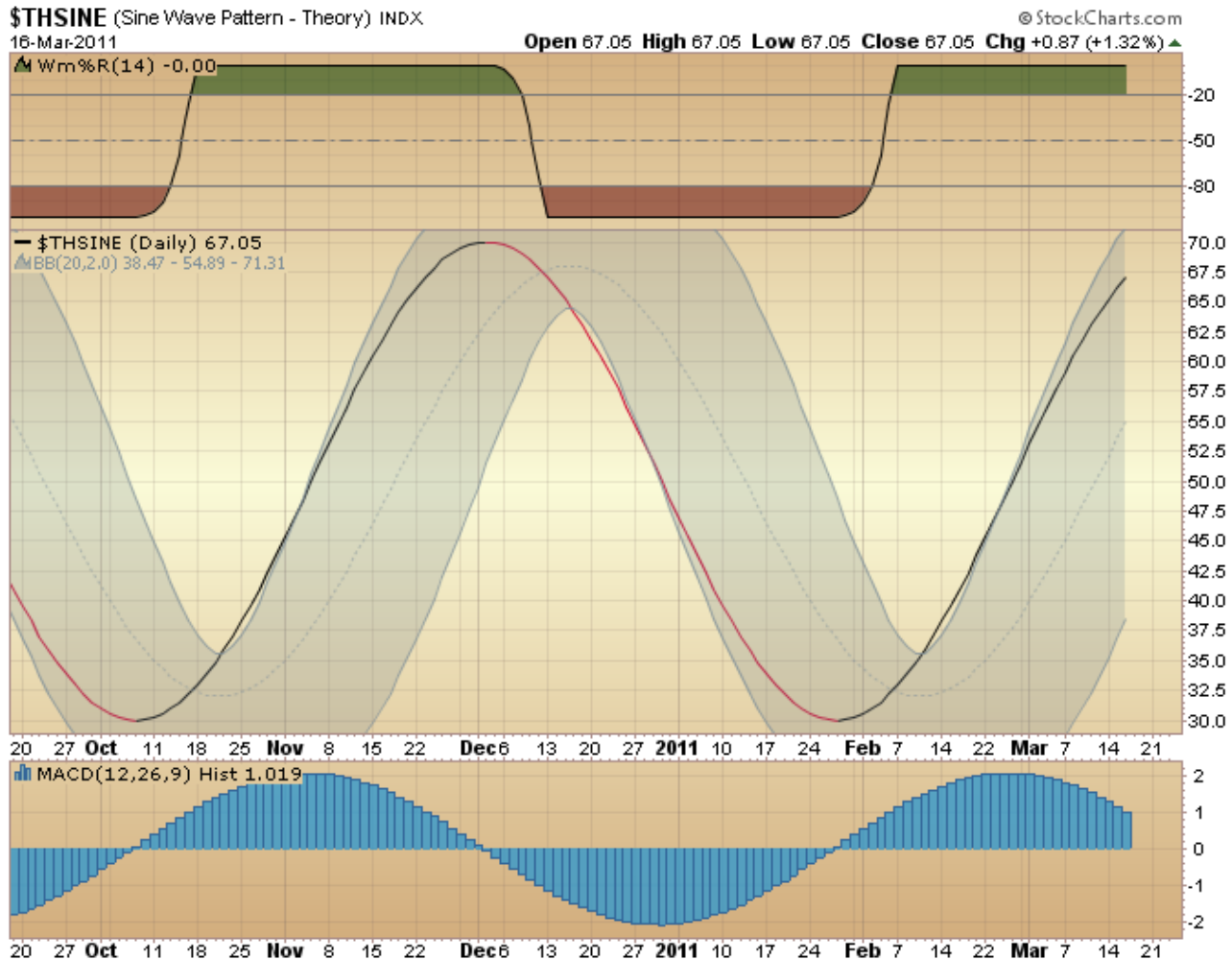
Magically, VGZ appears, at the bottom of its Tidal Ebb & Flow Cycle.

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CYCLIC STOCKS

Their Tidal "Ebb & Flow Cycle" - How to "Trade Against the Core"



Yes this is a TEST, only a TEST, a Test Pattern from StockCharts but you get the idea-> BUY @ 30, SELL @ 70 = SWEET. Compare this pattern to the VGZ pattern, and watch the similarity. Neither as smooth or constant, but yet still a pattern you can see.

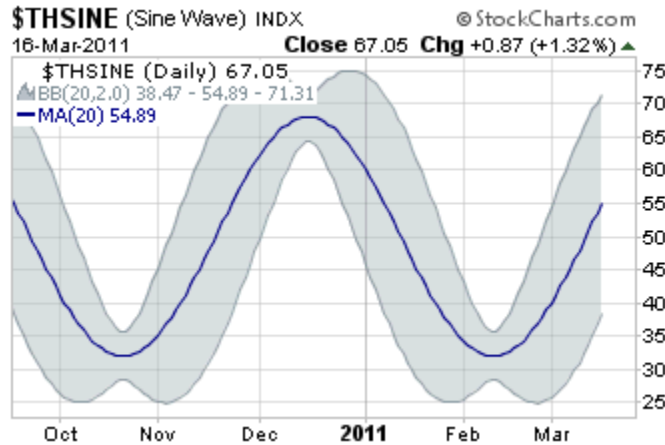
"TRADING AGAINST YOUR CORE POSITION" consists of buying enough shares to segment your holdings into two parts. CORE, which will not be disposed unless a stop is hit or you assess the LONG TERM move in the stock is over. The Second part to trade, TRADE BATCH, is sold at intermediate high points [we hope] along the way, and the position re-established at subsequent low points.

To this end I created a trading system which you will find copies, but its OK,

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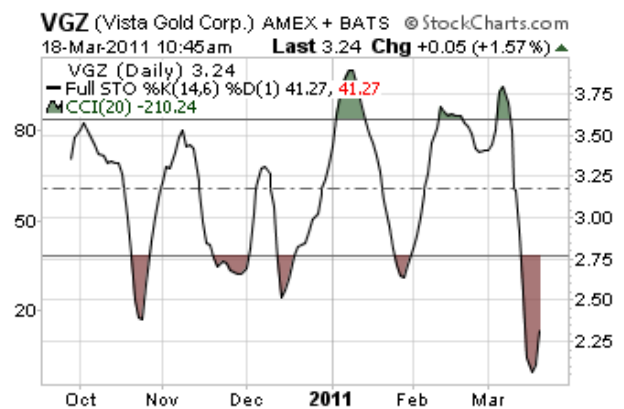
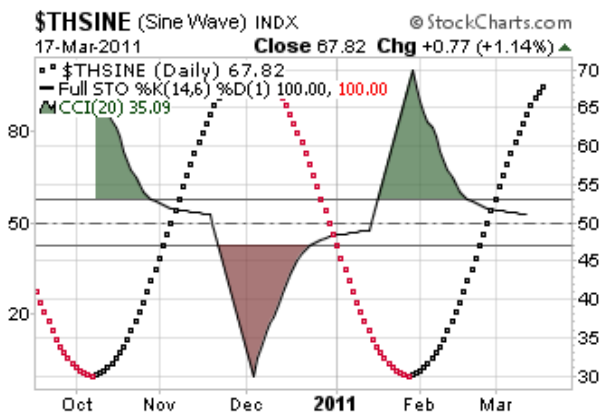
AGGRESSIVE PERSERVATION -

CYCLIC STOCKS -How to "Trade Against the Core" Using their Tidal "Ebb & Flow Cycle"



In its Basic form, we use the **BOLLINGER BANDS**, which are defined by a default value of One Standard Deviation above a 20 Day Moving Average [Centerline]. The Grey Area occupied **INSIDE** the Bollinger Bands, is where we expect the stock to bounce around inside about 95% of the time, and hence help us define **HIGH & LOW**.

In addition I use the **COMMODITY CHANNEL INDEX [CCI]** to point out both buy and sell points on a cyclical basis. Here is what a perfect



cycle would look like:

and next to it,what a **REAL** cycle looks like in **VGZ**

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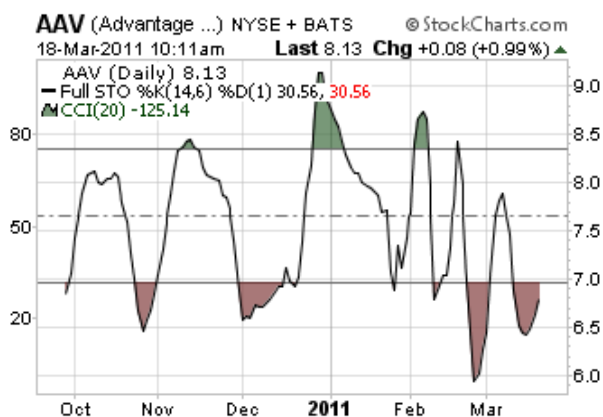
CYCLIC STOCKS -How to "Trade Against the Core" Using their Tidal "Ebb & Flow Cycle"

Now since I scan stocks I monitor in AGGRESSIVE PRESERVATION, here are some of the stocks that could be traded from the long side now: I like to use BUYZONES that FLOAT, in addition to conventional SUPPORT.

Each of these stocks is in a "Floating" bottom area, where you may add to your holdings in such measure as makes it you feel comfortable. Not to confuse this with the "WARM FUZZY" feeling, that should scream SELL SELL SELL when you feel it.

VGZ is a new selection, and added to our CORE LIST [probationary].

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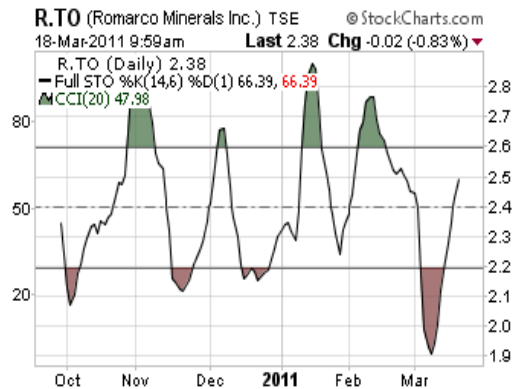
CYCLIC STOCKS -How to "Trade Against the Core" Using their Tidal "Ebb & Flow Cycle"

Above is AAV, a steady stock. Next is VRS, a stock that cycles up and down nicely with the market. These are CYCLIC stocks, not CORE stocks. AAV may qualify but for now is on our watch list.

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I like ROMARCO, [R.To] US SYM PINK [RTRAF] because they have systematically "PROVED-UP" at each step along their way to deposit development, and continue to mature. They may end up a CORE stock, as



we move forward. Right now, they are in a good cyclic position if you wish a long.

We will publish our DGS C & C Review List in subscriber accessed locations, subscribers having passwords provided monthly for them.

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DGS CORE & CYCLING STOCK REVIEW

[DGS C & C Review]

DGS	CORE &	CYCLIC STOCK	REVIEW	March 2011	
Symbol	Name	Support	Resistance	Potential	Comments
XYZ	XYZ Minerals	\$4.00	\$6.00	\$11.25	
ABC	ABC Alum	\$7.00	\$10.00	\$14.75	range shift above old res
TWU	TWI Oil & Gas	\$16.00	\$18.00	\$21.00	range shift above old res
DEF	DEF Gas	\$6.00	\$8.00	\$17.50	range shift above old res
RST	RST Fertilizer	\$6.00	\$8.00	\$15.25	
OPQ	American Wheat	\$6.00	\$7.50	\$8.50	
TOR	PROTIEN Synth	\$6.00	\$8.00	\$16.75	
Fictional	examples	above	this	line	
VGZ	Vista Gold	\$3.00	\$4.00	\$6.50	New Entry [on probation]
AAV	Advantage Engy	\$5.00	\$8.00	\$12.25	Cyclic stock, not core yet
<i>Please note gray shading is for ease of vision</i>					

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"LOOKING OUT FOR YOU"

What we came up with over the years, watching others try to invest for the long term is that continual vigilance was mandatory as was a strong disbelief and skepticism towards what Fundamental analysts projected. **WHAT** worked for us, was sticking with stocks that worked until they no longer fit the bill.

Our watchword is **PERFORMANCE**, and the concept that Long Term investing need not be either "dead money" or ravaged by inflation with no hope. My general dissatisfaction with the "GURU's", the "SPEWERS", the "ALL IS OK" crowd, etc, that have let inflation and stupidity ravage the accumulated capital of so many who consider themselves **INVESTORS**, not "Top Guns", not "Trader Jack", others with ants in their pants. Truly, I consider constant trading problematic.

My way is **ACQUISITION** and **DISPOSAL** in a fashion designed to **AGGRESSIVELY PROTECT** and **ENHANCE** your capital, in a workmanlike fashion so you can sleep peacefully at night.

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It should not be considered a solicitation of an offer or sale of any security. The reader assumes all risk when trading in securities. Before proceeding with any trade or idea presented in this newsletter you must do your own personal risk profile assessment and Due Diligence to assure such investments are suitable for your profile We may take a position and / or sell a position in any security mentioned in this newsletter, subject to our full disclosure of such positions. We share our ideas and opinions for informational and educational purposes only and expect the reader to perform due diligence before considering engaging in any financial transaction.

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